

CARE-GIVERS

Dementia Support Group

Day: Thursday Evenings **Time:** 4:45 - 5:45 p.m. **Phone:** (978) 373-8222

Location: Community Room (behind the Reception Desk)
76 Summer Street, Haverhill, MA 01830



Join other caregivers for refreshments and discussion in a caring, relaxed and confidential setting. Our groups explore the demands and ways to cope with caring for a loved one with Alzheimer's Disease and related dementias.

The group will meet once a week for one hour, and will be led by Kim Segal, LICSW. Group participants will have an opportunity to talk about issues they are dealing with in caring for those with dementia. Our goal is to offer family members and care-givers a safe place where they can receive support from both professionals and others.

THE
WHITTIER



MEMBER - WHITTIER HEALTH NETWORK

Admissions (24 hours a day/
7 days a week): (800) 215-8003

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