

WE BELIEVE THAT ALL OLDER ADULTS
DESERVE A LIFE FREE FROM THE
EFFECTS OF MENTAL ILLNESS. WE
CAN HELP IN GETTING YOU THERE.

IF YOU, OR SOMEONE YOU KNOW, IS
AGED 60 OR OLDER AND SUFFERING
WITH A MENTAL HEALTH ISSUE PLEASE
CALL FOR A REFERRAL. WE ARE NOW
SERVING RESIDENTS IN THE TOWNS OF

AMESBURY, SALISBURY,

NEWBURYPORT, MERRIMAC,

WEST NEWBURY, AND GROVELAND.



THERE IS HOPE. YOU ARE NOT ALONE.

WE CAN HELP.

ALL SERVICES ARE FREE AND
CONFIDENTIAL.

FOR ALL REFERRALS PLEASE CONTACT

ELDER MENTAL HEALTH
PROGRAM MANAGER

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AMESBURY COUNCIL ON AGING

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***Credits**

**This program is being funded through the
Massachusetts Association of Councils on Aging and the
Executive Office of Elder Affairs**



ELDER MENTAL HEALTH OUTREACH TEAM (EMHOT)



SERVING SIX
COMMUNITIES OF THE
NORTHERN MERRIMACK
VALLEY



ELDER MENTAL HEALTH OUTREACH TEAM



THE AMESBURY
COUNCIL ON AGING,
IN COLLABORATION
WITH THE
PETTENGILL HOUSE,
IS PLEASED TO OFFER

THE ELDER MOBILE MENTAL HEALTH
OUTREACH TEAM AS A COMPLETELY
FREE AND CONFIDENTIAL SERVICE TO
RESIDENTS OF AMESBURY, SALISBURY,
NEWBURYPORT, MERRIMAC, WEST NEW-
BURY, AND GROVELAND THAT ARE AGED
60 AND OLDER.

THIS PROGRAM, WHICH IS FUNDED BY
THE MASSACHUSETTS ASSOCIATION OF
COUNCILS ON AGING, IS BEING IMPL-
MENTED AS THE NUMBER OF ELDERS
WITH MENTAL HEALTH CONCERNS CON-
TINUES TO INCREASE IN OUR COMMUNI-
TIES AND THE AMOUNT OF RESOURCES
REMAIN LIMITED.

IT IS OUR HOPE AND OUR GOAL THAT
WITH THE ELDER MENTAL HEALTH
OUTREACH TEAM, WE CAN HELP OUR
ELDERS RETURN TO THEIR PREVIOUS
STATE OF MENTAL AND SOCIAL HEALTH.

What we can do for you...

- ◆ Perform assessment and evaluation services in regards to you or a loved ones mental health.
- ◆ Connect you with a primary care physician if you don't already have one, or if you are looking for a new one
- ◆ Connect you with a mental health provider in your area that accepts your primary insurance.
- ◆ Provide crisis intervention
- ◆ Counsel you on your rights and provide the best options for your situation
- ◆ Provide support, education, and advocacy
- ◆ Link you to many other services from the Amesbury Council on Aging, Pettengill House, and many other community agencies.

In addition...

- ◆ The elder mental health outreach team members are trained in mental health illnesses, symptoms, best practices for interactions and interventions, and social services available to support older adults with mental illness.
- ◆ Our team which includes full time staff, student interns, volunteers, and community social service agencies will work in collaboration to meet your needs.
- ◆ It is our hope that the services provided by the elder mental health outreach team provide above average mental health services to each elder

**Amesbury Council on Aging in
collaboration with the Pettengill House.
Funding provided by the Massachusetts
Association of Councils on Aging.**